Professionalism & Soft Skills Development

# Assignment: lifelong learning

**Assignment Description:** Complete self-assessments, set up your e-portfolio access, and complete the reading assignment.

**Assignment Environment:** The students should have access to the Myers Briggs Elevate, SkillsFirst, and Launch Your Career web sites, as well as both the textbook and workbook.

### **exercise 1**

Take the Strong Interest Inventory online from Elevate - The Myers-Briggs Company. It should take about 20-30 minutes to complete: <https://Elevate.themyersbriggs.com/>. Your career readiness specialist should review the results with you during an appointment.

### **Exercise 2**

Complete your Launch Your Career (LYC) assessment. It should take about 15-20 minutes to complete: <https://go.careerlaunchassessment.com/access/>. Your career readiness specialist should review the results with you during an appointment.

### **Exercise 3**

Read Launch Your Career (LYC) textbook: read the Introduction, Chapter 1, and Chapter 2.

### **Lab Exercise 4**

Login and set up your SkillsFirst profile, watch the introduction and initial set-up videos. <https://skillsfirst.com/>. Upload and share a brief bio of yourself with your instructor.

SkillsFirst User Guide:<https://skillsfirst.com/user-guide>

Video Tutorials:<https://skillsfirst.com/user-guide/128/articles>

<https://skillsfirst.com/user-guide/129/articles>

Getting Started:<https://skillsfirst.com/user-guide/articles/381>

How To Share Your Future Uploads With Others: <https://skillsfirst.com/user-guide/articles/502>

## What to Submit

Copies of both assessments and your SkillsFirst bio.